The following note was sent on behalf of Administrative Services, Employee Wellness & Benefits. Please share this with employees that may not have easy access to an email account.

It's time to take action and make plans to get your flu shots.

Flu shots are available through your personal physician's office, many pharmacies, care clinics, and contracted flu shot providers starting in September.

In addition, Employee Wellness & Benefits will be offering onsite flu shot clinics at several locations across the State beginning in mid-September for employees and spouses insured through a State health plan through UnitedHealthcare (UHC). More information about onsite flu shot clinics can be found on the Flu Shot Link at the Employee Wellness & Benefits website. Click here for a shortcut - Employee Wellness & Benefits - Flu Shot website.

Eligibility to Participate:

Only State employees and their spouses covered on a State health plan through UnitedHealthcare (UHC) are eligible to get a flu shot at an Employee Wellness & Benefits onsite flu shot clinic. Children up to age 26 are not eligible to participate this year.

NOTE: If you are not enrolled on a State Health Plan with UHC, flu shots are available through your doctor's office and many local pharmacies and covered 100% by most health plans. Read this Easy Access to Flu Shots flyer for assistance.

Cost: No charge.

How to Register for a Flu Shot:

ALL Employees and Covered Spouses Must Register. Schedule today - site closes several days prior to clinic date. Before you can register, locate the User ID & Password (same 4-digit number for both) listed on the 2014 Flu Shot Schedule and flu shot posters both located on the website. Click here: State of Nebraska - Onsite Flu Shot Schedule.

Schedule your appointment through www.occuvax.com.

- Under "Schedule My Appointment", enter the 4-digit code as the Company (User) ID & Password and click on "Login".
- Enter your email address in "Email / User ID" field.
- Click on "No, I am a new user." Prior year passwords have all been deleted.
- Click on "View/Edit Your Appointments".
- Create your Login.`
- On next screen, select a time available.

What to Bring to Flu Shot Appointment:

- ✓ Vaccination Consent Form (located from registration website
 or Employee Wellness & Benefits Flu Shot website)
- ✓ State Employee ID (Employees Only)
- ✓ **Driver's License** (Covered Spouses)
- ✓ UnitedHealthcare (UHC) Insurance Card (Employees & Spouses)

If you have questions, contact Employee Wellness & Benefits at 402-471-4443 or 877-721-2228 if outside Lincoln or email us at as employeebenefits@nebraska.gov.

This note has been sent to all users on Exchange, state employees not on Exchange for Nebraska Oil & Gas Conservation Commission, Nebraska Supreme Court, and Department of Education Disabilities Determination Services, and the Agency employee contacts for the Legislative Council, Nebraska Educational Telecommunications Commission, Nebraska Commission on Public Advocacy.